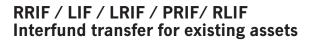


Please print clearly in the blank boxes. Remember to sign and date the form.

If a member belongs to more than one plan, complete a separate form for each plan.



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This form is also available at www.manulife.ca/GRO in the 'Manage your plan' section.

Send us stuff online Send us your completed form by signing in to your online account at Manulife.ca/GRO.

Look for **Send documents** in your homepage under the 'My Account' tab.

Not signed up yet?

Access your savings anytime, using our secure website. Go to Manulife.ca/GRO and click 'Sign in' to get started.

Plan information

Group policy number	Member number		Reference number Manulife use only	
Last name of member		First name		Middle initial

Your transfer between investments

Please enter the fund code for all funds. Fund code names and details appear online at www.manulife.ca/GRO or in the Group Investment Report. Investments transferred from the Guaranteed Interest Accounts (GIA's) before maturity may be subject to a market value adjustment. A 2% frequent trading fee may apply to interfund transfers into a fund, then out of the same fund within 15 calendar days.

Group IncomePlus information

If your plan offers Group IncomePlus, please note that this option is intended to provide you with guaranteed retirement income.

Interfund transfers from Group IncomePlus will reduce your Guaranteed Benefit Base and the Guaranteed Annual Income Amount it will provide.

From: Fund code		To: Fund code
	% or	\$ %
	% or	\$ %
	% or	\$ %
	% or	\$ 9
	% or	\$ %
	% or	\$ 9
	% or	\$ 9
	% or	\$ 9

Must equal 100%

Interfund transfers will be processed using the next available unit value*. Unit values are declared after the market close each business day. Interfund transfers received after 4:00 pm EST will be processed using the unit values declared at the end of the next business day.

* All transactions involving funds that invest primarily outside of North America will be processed on the second business day. This allows for time zone differences and ensures that unit values reflect the most current market activity.

Transfer minimum of 5% per fund, whole numbers only. Total of all funds being transferred must equal 100%.

Please note that no assets can be transferred to Group IncomePlus.

Your transfer from a Guaranteed Interest Account (GIA)

When do you want to transfer?
□ Immediately □ At maturity From: Fund Code

Investments transferred from Guaranteed Interest Accounts (GIA's) before maturity may be subject to a market value adjustment.

NOTE: You must transfer 100% of any specific GIA.

From: Fund Code		To: Fund Code		
	% OR \$			%
Maturity amount \$	Maturity date (dd/mmm/yyyy)	Maturity amount \$	Maturity date (dd/mmm/yyyy)	
	% OR \$			%
Maturity amount \$	Maturity date (dd/mmm/yyyy)	Maturity amount \$	Maturity date (dd/mmm/yyyy)	

Do you want these instructions to apply to all GIA's matching this investment code?
Yes No If no, please specify which GIA you would like your instructions applied to by completing below:

Maturity amount	Maturity date (dd/mmm/yyyy)
r latanty amount	i latarity date (da/ illini) yyyy)
\$	
Ψ	

Please sign here

I attest that all of the information contained in this application is true, complete and correct. I understand that this application, once made, is irrevocable and that the plan administrator or his representative cannot be held liable should my circumstances change in the future.

If I am withdrawing or transferring Group IncomePlus investments, I understand that this transaction will affect Group IncomePlus benefits. I further understand that it is a criminal offence for anyone to knowingly make a false declaration and/or make or use a false document.

Furthermore, by withdrawing my funds in cash (where available), I acknowledge that these funds may be subject to income tax withholding, fees or market value adjustment. I hereby certify that the information on this form is correct to the best of my knowledge.

Member's signature	Date signed (dd/mmm/yyyy)
Irrevocable Beneficiary (if applicable)	Date signed (dd/mmm/yyyy)



Got something to send to us?

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Not signed up yet?

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Go to Manulife.ca/GRO and click 'Sign in' to get started.

You'll need your unique customer number and social insurance number to join. You can find your unique customer number on your welcome letter or a recent statement.

Mailing instructions

Send your completed form to:

Manulife

Group Retirement Solutions 2000 Mansfield, Suite 1410 MONTRÉAL QC H3A 3A2